Pin the Muscle on the Student

Directions: Use the given list of muscles to accurately label your partner with tape (then switch the task). The tape must have the correct muscle name and be placed in the correct location. To get credit for this assignment you must return to my room (one or more periods later) with all of the muscle labels still intact. I will check your name for credit!

Muscle: Refer to OLD BOOK PAGES 329 & 331

- Frontalis
- Orbicularis oculi
- Orbicularis oris
- Temporalis
- Masseter
- Zygomaticus
- Buccinator
- Sternocleidomastoid
- Platysma
- Pectoralis major
- Pectoralis minor
- External oblique
- Biceps brachii
- Brachialis
- Deltoid
- Sartorius
- Soleus
- Gastrocnemius
- Rectus femoris
- Rectus medius
- Triceps brachii
- Latissimus dorsi
- Teres minor/major
- Erector spinae
- Tibialis anterior
- Internal oblique
- Rectus abdominus
- Infraspinatus

Directions 2: Complete the vocabulary below!

- Origin
- Insertion
- Prime Mover
- Antagonist
- Synergist
- Flexion
- Extension
- Abduction
- Adduction
- Inversion
- Eversion
- Pronation
- Supination
- R.I.C.E
- Epimysium
- Perimysium
- Fascicle
- Myoglobin
- Actin
- Myosin
- Neuromuscular Junction
- Neurotransmitter
- Acetylcholine
- Lactic Acid
- Tone
- Shin-splints
- Cramp
- Spasm
- Sprain
- Myoclonic Jerk
- Muscular Dystrophy
- Fibromyalgia